



ADAMS ATHLETICS



Hey future Lions! We know all Middle Schools received paperwork this week on Physicals, Electronic Forms and Athletic Wear. We wanted you all to know how it will work for Adams next year.

Physicals: Listed below you will find the Physical Dates and Ticket Sale Dates for Eaton HS and Byron Nelson HS. Eaton Tickets will be sold at Wilson and Chisholm Trail. Byron Nelson tickets will be sold at Tidwell. Whichever HS you have your Physical completed at they will return all Physicals to ADAMS. You do not have to purchase a ticket at the Middle school. You may also just show up on the respective dates and purchase your Ticket at the Door.

Eaton HS Physicals (May 17, 2018 - 5pm to 6pm)

Ticket Sales

Wilson Middle School: May 14th (during lunches)

Chisholm Trail Middle School: May 15th (during lunches)

Byron Nelson HS Physicals (May 23, 2018 - 3pm to 6pm)

Ticket Sales

Tidwell Middle School May 21st & 22nd (during lunches)

*You do not have use the date Eaton or Byron has provided for physicals. You can use *any* Physician of your choosing!

*If your Child has their physical completed before the end of this school year, they can turn it into their Athletics or P.E. coach at their school now and Coach Applewhite and Coach Sterna will get them from each school. You may also hand them into us on the first day of school or at Athletic Equipment Pickup at Adams.

Electronic Forms: There are SEVEN Online Electronic Forms that also have to be filled out before your child is released to participate. The steps for completing these forms are listed below:

Instructions for completing the online (Rank One) paperwork.

*Go to the NISD Homepage (Nisdtx.org) and click on the *Athletics Link*.

*Click on the *Electronics forms* link.

*Print the *Physical/Medical History Form*

*Complete the 7 forms under the *Electronic Forms* link

IMPORTANT:

In order to purchase a ticket for physicals @ Eaton, the online paperwork must be completed and a completed Medical History form must be turned in.

Please contact Coach Applewhite or Coach Sterna for any questions you may have in filling out the forms.

Athletic Apparel: We will be sending out (on a later date) our Athletic Equipment pickup times. On this day, your child will receive one set of Workout Clothes. You will also receive on that day the link to the Adams Online Shop to buy your child any additional apparel you would like!

Please do not hesitate to contact Coach Applewhite or Coach Sterna with any questions you may have!

Boys: Andrew Applewhite: aapplewhite@nisdtx.org **Girls:** Katie Sterna: ksterna@nisdtx.org

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Boys: @AdamsMSLions Girls: @AdamsLadyLions