

# Adams Middle School Band Handbook 2018 - 2019



Director of Bands – Alycia Bingaman  
Assistant Director – Stephanie Northam  
Percussion Director – Matt Moore

Principal – Cynthia Webber  
8th grade Assistant Principal – Ellyane Palmentari  
7th grade Assistant Principal – Phillip Thornton  
6th grade Assistant Principal – Steven Parkman

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## PREFACE

This handbook has been written for the Adams Middle School Band members and their parents with the intent of providing information regarding the purpose, procedures, expectations and activities of the band program. **All band students and parents are expected to read the handbook carefully to avoid conflicts with the policies stated herein.**

As a member of the Adams Band you have the honor and responsibility of **establishing** a band program with high standards of excellence. We are extremely fortunate to have parents, administrators, faculty, and school board members who are committed and dedicated to a quality band program. We look forward to you being a part of the inaugural Adams band program!

## PHILOSOPHY OF INSTRUMENTAL MUSIC

A well-rounded education is enhanced by one of the most basic of all studies...the study of **music**. Music teaches **discipline**. Music develops **self-confidence**. Music gives each student a feeling of **pride** and **accomplishment**. Playing in band teaches students the importance of working with others and helps them develop the **social skills** necessary to be part of a performing organization.

Instrumental music engages students in a group activity, which allows them to use their **free time constructively**. Band instills **values**: responsibility, purpose & direction, devotion to duty, spirit of cooperation, and sensitivity to beauty. Not all band students become great musicians, but certainly all become more mature, cooperative, self-disciplined and hard working members of society with an **appreciation of the arts**. Music is a subject which affects all areas of a student's personality. These include the intellectual, physical, emotional, psychological, spiritual and social aspects of a person.

**Discipline, pride, and commitment to excellence** are important elements of a quality organization. External discipline creates internal discipline. This **self-discipline** demonstrates each student's own initiative. **Pride** is having a **desire** to succeed in what you do while **respecting** yourself and others around you. It is taking what you do **seriously** while **enjoying** what you do. Pride is a **state of mind**. A person's **quality of life** is in direct proportion to their **commitment to excellence** - whatever their field of endeavor.

# Adams Band Charms Page

The Adams Band Charms Page is a useful site to communicate information from the directors to the students and parents. Please take advantage of this communication tool. The web site will provide:

- Up-to-date calendar of band events
- Enter your up-to-date contact information here, so you can be on the e-mail list.
- Direct link to band directors' e-mail addresses

Charms may be found at [www.charmsoffice.com](http://www.charmsoffice.com).

Our School Code is LeoAdamsMSBand. Student log-in is your child's ID number.

## CONTACT INFORMATION

Alycia Bignaman	Email address	<a href="mailto:abingaman@nisdtx.org">abingaman@nisdtx.org</a>
Stephanie Northam	Email address	<a href="mailto:stephanie.northam@nisdtx.org">stephanie.northam@nisdtx.org</a>
Matt Moore	Email address	<a href="mailto:mmoore04@nisdtx.org">mmoore04@nisdtx.org</a>

BAND HALL PHONE NUMBER - 817-541-8095

WEBSITE – Adams Band will use the Adams MS district web page. You can find us under the "our school" tab, extra/co-curricular.

## CONFERENCE PERIOD

Alycia Bingaman	7th Period	2:36 pm - 3:21 pm
Stephanie Northam	3rd Period	10:52 am - 11:37 am

# BAND DESCRIPTIONS AND EXPECTATIONS

There are several performing groups in the band program at Adams Middle School. Each group listed below functions as an important part of the entire band program. Bands are divided into **three** separate groups in order to meet the **individual needs** of each student. Membership in the bands is determined by a thorough **audition** process to correctly place the student according to his/her own ability and experience level. Auditions will occur in May for the following year's band placement.

## WIND ENSEMBLE

The Wind Ensemble is a performing group made up of a mix of 7<sup>th</sup> and 8<sup>th</sup> grade students. Students in this band must be proficient on their instrument and must be willing to commit to regular rehearsal and practice time. The Wind Ensemble students will have one 60-minute sectional and one 45 – 60 minute full band rehearsal per week as well as some extra full band rehearsals throughout the year. Students in this band are expected to participate in the scheduled rehearsals, concerts, pep rallies, and contests. In addition, students in Wind Ensemble are expected to try out for the NISD District Middle School band and the Region 2 All Region Band. Students will also be expected to participate in the NISD Solo & Ensemble contest. It is the responsibility of the student and the parent to check the band calendar and incorporate the scheduled events into their family calendar. In order to maintain a high level of performance, Wind Ensemble students will need to practice 45 to 60 minutes daily. It is also recommended that the student participate in the district supplemental private lesson program.

## SYMPHONIC BAND

The Symphonic Band is a performing group made up of a mix of 7<sup>th</sup> and 8<sup>th</sup> grade students. Students in this band must be proficient on their instrument and must be willing to commit to regular rehearsal and practice time. The Honors/Symphonic Band students will have one 45 – 60 minute sectional rehearsal per week as well as some extra full band rehearsals throughout the year. Students in these bands are expected to participate in the scheduled rehearsals, concerts, pep rallies, and contests. It is recommended that the Symphonic Band students participate in the NISD District Middle School band tryouts and all students are expected to participate in the Solo & Ensemble Contest. It is the responsibility of the student and the parent to check the band calendar and incorporate the scheduled events into their family calendar. In order to maintain a high level of performance, Symphonic Band students will need to practice 30 to 45 minutes daily. It is also recommended that the student participate in the district supplemental private lesson program.

## CONCERT BAND

The Concert Band is a performing group made up of a mix of 7<sup>th</sup> and 8<sup>th</sup> grade students. Students in this band must be proficient on their instrument and must be willing to commit to regular rehearsal and practice time. The Concert Band students are expected to participate in the scheduled rehearsals, concerts, pep rallies, and contests. It is recommended that the Concert Band students participate in the Solo & Ensemble Contest. It is the responsibility of the student and the parent to check the band calendar and incorporate the scheduled events into their family calendar. In order to maintain a high level of performance, Concert Band students will need to practice 30 minutes daily. It is also recommended that the student participate in the district supplemental private lesson program.

## BEGINNER BAND

The Beginner Band is a fundamental class designed for beginning 6<sup>th</sup> grade students. Students will meet in like-instrument classes and will learn the necessary skills for instrumental performance. The Beginner Band is intended as a training ground to prepare each student to participate in one of the 3 performing bands the following year. Students will learn many musical and instrumental concepts and will perform scales, music and band literature throughout the year. Basic music concepts such as rhythm notation, music note identification, instrumental fingerings and tone production will be covered in this class. The Beginner Band will also perform at the winter and spring concerts as well as participate in a contest for Beginner Bands in the spring. Students are also expected to participate in the Solo & Ensemble contest in April. It is recommended that each student practices an average of 30 minutes per day 5 days a week. Supplemental private lessons are available and are recommended by the directors.

# CLASSROOM POLICIES

**RULES:** There are **five basic rules** that all students must follow:

1. **Look at the director when he/she is talking.** It is important that the director knows that they have your complete attention.
2. **Do not talk during rehearsal.** If you have any questions that need to be asked, please raise your hand and be called upon.
3. **Respect your fellow band members and directors.**
4. **Be prepared for each rehearsal.** Bring the proper equipment and supplies. Practice your part so that you are ready for the rehearsal both mentally and physically.
5. **Communicate effectively and promptly** regarding conflicts with the scheduled calendar of events.

## CONSEQUENCES:

The directors hold all members of the Adams Band program to **high standards of discipline**. The actions of each member of the band program affect the overall image of the band in both the school and the community. Students who choose band as their elective are among the **"best students"** in the school and discipline problems are rare. However, if discipline actions are needed, the following consequences will occur.

1<sup>st</sup> Offense – Warning

2<sup>nd</sup> Offense – Student calls parent, Teacher Detention

3<sup>rd</sup> Offense – Two 30 minute Teacher Detentions

4<sup>th</sup> Offense – Office Referral

5<sup>th</sup> Offense – Office Referral- Possible removal from program

## ATTENDANCE POLICY

Regular **attendance and participation** is important for your daily progress and development. Participation in rehearsals and performances outside normal school hours is a required part of the band program. Absences for personal illness or other extenuating circumstances are sometimes unavoidable. **When possible**, the parent should give **advance notice** to the director of any absence. **Un-excused** absences from class or any rehearsal or performance may result in a lowered grade or a zero for that performance. Repeated un-excused absences may result in a lower band placement or removal from the band program. Remember - **you** are an important part of the band and others depend upon you!

**Communication** of attendance conflicts is an important skill for students to develop.

Adequate and thorough communication skills will require the assistance of both the parent and the director. Please remember that it is always helpful to have both a **written** and **verbal** communication plan. Please e-mail the directors so that we are aware of the absence. It is the responsibility of the student to then give a verbal reminder and to check on make-up work.

# BAND GRADING POLICY

1. Grades will be calculated based on the following categories:  
Summative Grades – 60%, Formative Grades – 40%
2. The lowest formative grade will be **dropped**.
3. **Extra credit** will be given for attending any approved instrumental performance.

## Grades Include

1. Performances (Summative Grades)
2. Objective Sheets (Summative Grades)
3. Playing Tests, Written Test (Formative Grades)
4. Worksheets, supply checks, binder checks (Formative Grades)
5. Participation grade: Based on students in class participation, instrument for class, supplies for class. etc. (Formative Grades)

## Parent Volunteers

Parents, We would LOVE for you to help with the Adams Band. Be sure to complete the district background check, so you can help! We need volunteers at every event that we have. Volunteer opportunities will be e-mailed out through Charms.

# PRACTICE GUIDELINES FOR PARENTS

Your child's progress in band will depend a great deal on what is achieved during **daily home practice sessions. Learning takes place in school, but proficiency is gained at home.** You can use the following guidelines to help your student at home.

## TIME SCHEDULE

A **half-hour** a day is the **minimum** amount of practice time recommended for the average student. Practicing at the **same time** every day is good, but some **flexibility** should be built into this schedule.

## CLIMATE

Practicing should be done in an area that is **free of distractions** away from the TV, stereo, and family traffic. Cell phones should be put away, unless being used for tuner/ metronome. In this case, airplane mode is recommended to prevent distractions. Good **lighting**, a straight-backed **chair, mirror, metronome**, and a **music stand** are definite assets. Reed players should have several reeds available during the practice session.

## ENCOURAGEMENT

Spend some time **listening** to your student practice. Offer **constructive** criticisms. You do not need to be a former band member or musician to be able to hear **improvement**. Encourage them to play **assignments and tests** for you. Each time the student plays for a friend or relative, it helps them to feel more **comfortable** with a performance or competitive event.

## IS YOUR CHILD PROGRESSING?

For the **beginner band** student, the field of instrumental music is **new**. They are learning to use their **facial muscles** in a different way and their **breathing apparatus** for a different purpose. There is a new language of symbols (notes) that require the use of their mind and body to translate this into **musical sounds**. All this takes **time!** Parents who have had former instrumental experience have probably forgotten the struggle of producing those first few notes and songs.

Parents can evaluate practice sessions by asking:

1. What is your **assignment** for today?
2. Am I hearing the same **daily warm up** each day? It **is** important to play the same daily warm up and drill before beginning the assigned material.
3. Am I hearing music that they can **already play**, or am I hearing attempts at **new** material?
4. Is the **tone quality** becoming more characteristic of the instrument, or is the tone harsh, unmusical, and unpleasant?
5. Does the familiar tune or exercise move along **steadily** with some sort of fluent **rhythm**, or is it halting and jerky with no steady rhythm?

**Learning how to practice is as important as learning how to play an instrument!**

# PRACTICE GUIDELINES FOR STUDENTS

## IT'S HOW YOU PRACTICE THAT COUNTS

Incorrect **habits** are sometimes more easily developed than correct habits, and a habit is hard to change so **THINK** when you practice. Avoid simply going through the motions! Remember that the playing of your instrument comes through development of **coordination**, just like any athlete. **Patience** is a virtue for the ambitious player.

1. **Warm up correctly.** Each instrument should have a separate warm up for home practice that differs from the band warm up. Use a **mirror** and concentrate on **tone quality** and **embouchure** during the long tone warm ups.
2. Set a **goal** for the practice session. Don't try to do too much at one sitting.
3. **Isolate** a problem or a section in a piece of music. It may be a rhythm, a measure, or a line of music. **Repeat** it over and over many times - just like shooting baskets in the basketball goal. Practice it **slowly** at first, and then **gradually** build up the speed using a **metronome**. Before you finish the practice session, play the difficult measures with the rest of the line or exercise.
4. **Repetition** of a problem area reinforces muscle and mental **memory**.
5. In difficult **technical passages**, change the **rhythms** and **articulations** in the practice session to develop even, accurate, and fluid technique.
6. Practice involves **learning and reinforcing** areas that are difficult for the student. **Practice**, therefore, is not always **fun** because you must play music that you have not yet mastered. Try to **end** each practice session with something that **is** fun to play and that has already been mastered!
7. **Structure** your practice session to get the most benefit out of your time!

### EXAMPLE OF A STRUCTURED 30 MINUTE PRACTICE SESSION

MATERIAL PRACTICED	TIME	GOAL
Warm up and daily drill long tones, scales, arpeggios,	10	Fundamental development  thirds, tonguing, vibrato, etc
New material and assignments	10	Develop new technique, increase range, expand capability of student
Previous and continuing material	5	Improvement of finger dexterity, tonguing, tone, musicality, etc.
Personal music choices	5	Enjoyment!

**Your practice session will vary depending on the assignments. The more consistent you are with practice time, structure, and climate, the better your results will be. Efficient use of time is important in your busy schedule!**

## ELIGIBILITY REQUIREMENTS

Band students are **ineligible** to participate in **extra-curricular** activities for the six weeks period immediately following a grade of 69 or less in an on-level course or a 59 or less in an AP/Advanced course. However, if after 3 weeks, that student is passing **all** of his/her classes, he/she becomes eligible at the end of the **4th** week. This "no pass - no play" rule affects all **extra-curricular** events such as football performances, parades, competitions, U.I.L. Contest, etc. Band rehearsals, sectionals, and concerts are an extension of classroom activities, **not** extra curricular, so the "no pass, no play" rule does not apply. Students are **required** to attend these events.

**Students have a responsibility to pass their classes and be eligible for band concerts and contests. Each student plays a vital role in the band and we are dependent upon each other for success! It has been our experience that most students who fail a class are simply not turning in their work.**

## SECTION REHEARSALS (Wind Ensemble and Symphonic ONLY)

**Section rehearsals are important** in a quality band program. Small group work with like instruments ensures adequate individual attention and section development. All Symphonic & Wind Ensemble students will be asked to attend **one 45 – 60 minute** section rehearsal per week. During these sectionals students will work on the fundamental skills of their instrument, practice difficult sections of the band music, learn the All-Region music, and have tests on these areas.

Section rehearsal days will be scheduled during the second or third full week of school. In order to accommodate the student athletes and cheerleaders, sectional days and times may need to **change** at the beginning of each new sport. **Every attempt will be made to schedule around athletic games and other school activities.**

Please try to schedule doctors' appointments, etc. at times that do not conflict with section rehearsals. If unavoidable conflicts occur, please communicate these conflicts promptly **in writing** along with a **verbal explanation** from the student and/or parent. **Communication** is vital to success of the band.

If an absence from a sectional is unavoidable, attending another similar instrument should make up the sectional grade sectional during the week of the absence. **Communication** is still necessary.

## MATERIALS

1. **Instrument** with appropriate **supplies**.
2. Every student is expected to have a **pencil** on his or her stand at all times. Marking music helps students to learn faster and increases productivity.
3. **Band binder** including all books, daily drills, and music.

## SUPPLIES

All students are required to have the appropriate supplies for their instrument. Supplies may be purchased at a music store of your choice.

- **Flute** - cleaning/tuning rod and Silk Swab
- **Reed instruments** - a minimum of (4) four good playable reeds - (2) for oboe and bassoon, a reed guard (case), cork grease, & Hodge Silk Swab.
- **Brass instruments**- a soft polish cloth for cleaning, a cloth for grease & oil, valve oil, Selmer slide grease, a cleaning snake, mouthpiece brush, and a water spray bottle for trombones.
- **Percussion**- each percussion student has been provided with a list of recommended mallets and sticks.

# BAND EQUIPMENT

## **1. STUDENT INSTRUMENTS**

Your instrument is extremely **valuable** and proper care should be taken to maintain its value. Should your instrument be in need of **repair**, you must always check with your director before taking it to the repair shop. **Never** try to repair the instrument yourself, as you do not have the proper tools or skills required. All instruments must have a permanent nametag on the case handle. **NO ONE SHOULD PLAY OR HANDLE AN INSTRUMENT THAT DOES NOT BELONG TO HIM/HER.**

## **2. SCHOOL OWNED INSTRUMENTS**

Students who play school owned instruments should take the same care as they would their own instrument. These students, as well as all **percussion** students are required to pay a maintenance fee of **(\$100.00 winds, \$50.00 perc)**. The student **is** liable for damage due to negligence, carelessness or loss. The student must always inform the director of any repairs needed.

## **3. INSTRUMENT STORAGE BINS**

Each student will be assigned an instrument storage bin to keep his or her instrument in during the school day. These bins should be used for instrument and folder storage only (not for other school books).

Please keep your lockers **NEAT AND CLEAN!!!!** No instrument should be left in the instrument bin over the weekend or on weeknights. This is a security measure for the safety of your instrument as well as the home practice requirement.

## **4. MUSIC AND FOLDERS**

Show the proper respect and care for your music and folder. All markings on the music should be done in **PENCIL and/or highlighter**. If your binder becomes torn or unusable please replace it. Binders that are not in good working order will not be graded!

## **5. BAND HALL AND PRACTICE ROOMS**

These are your rooms and they should **reflect your attitude** towards the band program. Show respect and pride by keeping them neat and clean. **No food, soft drink, or gum** is allowed in the band hall. **Water** will be allowed during rehearsals and class.

Remember - we will have over **300 people** going in and out of the band hall each day! We need **your help** to ensure that the policies and procedures are followed by each band member. We want our new facilities new for a long time!

## **6. CHAIRS / STANDS**

The chairs in the band hall are for sitting only. Please keep all four legs on the floor and do not lean back in the chair. The band hall chairs are set for the largest band class and are placed in the appropriate place before school begins. **Do not move chairs** from the rows at any time. Music stands are for holding music only. Please do not lean on the stand or write on the stand. Learn the appropriate way to put the stand in the stand rack.

# BAND MEMBER'S RESPONSIBILITIES

1. Follow all Adams Band rules as well as all school rules. Learn to accept the consequences of your behavior.
2. Learn to **work well with others** to enhance individual and group progress. Have the proper **respect** for those in authority and for your fellow classmates.
3. Show the proper respect and **care** for all band equipment, music, and instruments. You are responsible for replacing material that you damage or destroy.
4. Regular **practice** is your responsibility in order for daily progress. Set a realistic goal for yourself and work to achieve success. Good things will happen if you can attain your goal. A portion of your grade will be determined by your practice time.
5. You are responsible to be at all band concerts and performances. Keep your **calendar** in an important place so you may refer to it often. **Remember you are an important part of the band.**
6. Make a real effort to learn and improve daily. Build a habit of success. **REMEMBER IT IS MORE IMPORTANT TO MAKE CONSISTENT IMPROVEMENT, NOT TO BE THE BEST.**
7. It is expected that each student conduct himself properly with regard to his/her actions, manners, and dress. The appearance of the band at football games, pep rallies, and performances is very important. Every effort is made to make sure that the Adams Band portrays a positive image. The impression that the band makes has a great deal to do with the **spirit, pride, and reputation** of our school and our band. Each student must do his/her part to make our image a favorable one to the community.

# PEP RALLIES & FOOTBALL GAMES

The Wind Ensemble and Symphonic bands will combine and perform together at all pep rally and football game performances. We will be performing at **2** 8th grade football games. Many students are involved in sports, cheerleading, dance and other activities. If a band student is required to perform with another group, he/she will **not** be required to perform with the band.

## PEP RALLY PROCEDURE

1. Dress in your **Band T-Shirt**. It is important that you wear your band shirt for the entire school day to promote band pride.
2. Bring your binder with **all** music and your instrument. You are also responsible for setting up and putting away your music stand.
3. You will be dismissed early from class in order to warm up together.
4. Come to the band hall and get **all of your equipment** and then **quickly** proceed to the gym.
5. **Percussion** meet in the band hall with the instrument you play on the fight song.
6. During the band's performance it is important that you **watch the conductor** so that we can play **TOGETHER** with good precision!
7. You may **not make noise** on your instrument or mouthpiece during the cheers.
8. Stand and participate **enthusiastically** to show that the band supports our school.
9. All band students are **expected to participate** in the pep rallies. A pep rally is a **required performance** and grades will be given for all performances. Cheerleaders and athletes will perform on the feature song only.

## FOOTBALL GAME PROCEDURE

1. Dress in your **Band T-Shirt**.
2. Each person is **responsible** for his or her equipment at all times.
3. **Refreshments** will be available at the end of the game. You will be provided a drink and snack. **Water** is permitted in the stands during game time.
4. No one, except band members, is allowed to sit in the stands with the band.
5. **Watch the director** when performing music. Get your music ready rapidly when it is announced for performance.
6. You are allowed to cheer with the cheerleaders. Treat visitors, cheerleaders and other directors with **respect and politeness**. Maintain your **self-discipline** at all times.
7. We will play for both the A and B teams. The B team game will begin at 5:00 PM and end at approximately 6:30 PM. The A team game **will begin 15 minutes** after the B team game finishes.
8. **Handouts** with detailed information will be given to students before game days.
9. Please make it **a priority** to share information with **your parents!**

# BUS AND TRAVEL RULES

1. When you are dismissed to the bus, walk **quietly** to the bus.
2. **Do not talk** on the bus until an officer/director stands up and gives you permission to do so.
3. Do not **move from your seat** or stand up while the bus is moving.
4. Keep your hands and feet **inside** the bus at all times.
5. Girls sit with girls and boys sit with boys. Boys and girls may not sit across from each other.
6. Do not use **loud** voices at all.
7. No **gum, food or drinks** are allowed on the bus.
8. Ipods etc. must be used with **headphones**.
9. As we approach our destination, you will see an officer/director stand up. **Stop all talking.**
10. Unload the bus when it comes to a complete stop and the officer/ director **dismisses you.**
11. All students must ride **to and from** the activity on the bus. Students who need to request a ride with their parents need to fill out the travel release form on CHARMS.
12. Always be **courteous** to drivers, chaperones, and other passengers.
13. Tell the driver **thank you** as you exit the bus for the day. Leave the bus cleaner than it was when you got on.

# DRESS CODE FOR PERFORMANCES

## **Casual performance dress** (6<sup>th</sup>, 7th & 8th grade bands)

The **Band t-shirt, jeans, and tennis shoes** are the required dress for all pep rallies, football games, elementary performances and any other band functions requested by the band directors. The band t-shirt will be purchased at the beginning of the school year.

## **Concert dress** (Beginner Band)

**Boys:** slacks, collared shirt, dress socks & shoes.

**Girls:** dresses or nice slacks and blouse with dress shoes.

## **Uniforms** (Wind Ensemble, Symphonic Band, and Concert Band)

**Boys:** Black tuxedo shirt, black tuxedo pants, black tie, and black dress shoes. Parents are responsible for purchasing **shoes and socks**. These uniforms will be worn for all **competitions** and **concerts**. Students will be assessed a \$15.00 cleaning fee. Should a student lose any portion of the uniform, a replacement fee will be assessed.

**Girls:** Black formal concert dress. Parents are responsible for purchasing black closed toed **heels or flats**. In addition, each student will need to provide black hose. These uniforms will be worn for all **competitions** and **concerts**. Students will be assessed a \$15.00 cleaning fee. Should a student lose any portion of the uniform, a replacement fee will be assessed.

**It is important to look proud, project a positive first and last impression, and portray a sincere respect for the audience and public. We want to represent Adams Middle School with a professional, organized appearance in concert situations.**

# CONCERT ETIQUETTE

1. Students and parents are expected to stay for the **entire** length of the concert.
2. Listen and be **supportive** of all groups in the band program.
3. If it is necessary for you to **leave** during the performance, please leave **between** musical selections or between the band changes.
4. If you **arrive late**, do not enter the auditorium during a performance. Wait until the selection ends and take your seat quickly during the applause.
5. **Immediately** leave the performance if you have a crying baby or noisy child. Recordings are usually being made of the performance and the noise is also **distracting** to those around you.
6. Cell phones and other electronic devices should be silenced and not used during a performance.
7. Do not **walk** around or **talk** during a performance. You are to stay seated and quiet when a group is performing. Be **respectful** to each performing group; they have all worked hard.
8. Whistling and cheering are **not** appropriate for a concert performance. Show your appreciation by **clapping**. An exceptional performance can be recognized by extended applause and/or standing while applauding.

## Eaton High School Directors

Director of Bands – Paul Elder  
Assistant Director – Matt Moore  
Associate Director – Jason Williams

# SUPPLEMENTAL LESSON PROGRAM

Supplemental lessons are available through the band program to **all** band students. Individual instruction is extremely beneficial due to the **one on one** teaching environment. The supplemental teacher is able to design a program that meets each individual's needs and each student is able to progress at his/her own rate of ability.

**Professional teachers** on each instrument will be available to teach these lessons during band class, advisory class, before school or after school. Lessons will be scheduled at your convenience on a first come basis. Students will be taught once a week during the school day. The cost of these lessons is **\$20.00** per 30-minute lesson.

Much of the success throughout Texas band programs can be attributed to the supplemental lesson program and the superior supplemental lesson staff. The high number of students enrolled in the program throughout a district has allowed the bands to maintain a **high standard of performance**. Supplemental lessons are not required, but are strongly recommended.

## **Student's/Parent's responsibilities to the supplemental lesson teacher:**

1. Be fully prepared for each lesson.
2. Bring a pencil, method books, and any other required material to each lesson.
3. Keep a written assignment for each lesson.
4. Notify the supplemental teacher **24 hours in advance** in the event a lesson must be missed. Failure to do this will result in an un-excused absence and the lesson must still be paid for. Excused absences by the student or the teacher shall be rescheduled or the money will be refunded.
5. The cost of each lesson is **\$20.00**.
6. **Payment should be made by check directly to the supplemental teacher.**

Lessons should be paid one month **in advance**. Please give the check to the supplemental teacher.

**Bell Schedules: We will follow the 8th grade schedule**

	<b>BAND BELL SCHEDULE</b>	
Beginning French Horn and Clarinet	<b>1</b>	8:50 - 9:35
Beginning Flute, Oboe and Clarinet	<b>2</b>	9:39 - 10:24
	<b>ADVISORY</b>	<b>10:28 - 10:48</b>
Beginning Percussion	<b>3</b>	10:52 - 11:37
Wind Ensemble	<b>4</b>	11:41 - 12:26
Concert Band	<b>5</b>	12:30 - 1:15
	<b>L</b>	<b>1:15 - 1:45</b>
Symphonic Band	<b>6</b>	1:47 - 2:32
Beginning Trumpet	<b>7</b>	2:36 - 3:21
Beginning Saxophone, Bassoon, Euphonium and Tuba	<b>8</b>	3:25 - 4:10

**THEEFAM – ADAMS BAND MOTTO**

**T- Be Teachable**

**H – Helpful**

**E – Effort**

**E – Enthusiasm**

**F – Focus**

**A – Attitude**

**M – Mental Toughness**

## It's all in the state of mind

If you think you are **beaten**, you are;  
If you think you **dare not**, you don't  
If you think you'd like to **win**, but you can't,  
it's almost a cinch you won't;  
If you think you'll **lose**, you've lost;  
For out in the world you'll find  
**Success** begins with a fellow's **will**--  
It's all in the **state of mind**.  
For many a race is lost  
before even his work's begun.  
**Think big** and your deeds will grow  
think small and you fall behind.  
Think that **you can** and you will  
It's all in the **state of mind**.  
If you think you are **outclassed** you are;  
You've got to think **high** to rise;  
You've got to be **sure of yourself** before  
you can ever win a prize.  
Life's battle doesn't always go  
to the stronger or faster man;  
but sooner or later, **the man who wins**  
**is the fellow who thinks he can.**  
~Author Unknown

## Time...

"Without music to decorate it,  
time is just a bunch of boring deadlines and bills."  
~Frank Zappa

## Thoughts on Victory and Defeat

The credit belongs to the man who is actually in the arena,  
who **strives valiantly**;  
who knows the great **enthusiasms**, the great **devotions**,  
and spends himself in a **worthy** cause,  
who at the best, knows the triumph of **high achievement**,  
and who, at the worst, if he fails, at least fails  
while **daring greatly**, so that his place  
shall never be with those cold and timid souls  
who know **neither victory nor defeat**.  
~Theodore Roosevelt